

Dyspraxia



Definition

Dyspraxia is a specific developmental disorder that affects between 6 and 10 percent of children.

It's a neurological condition that makes it hard to plan and execute physical movement; like jumping, speaking clearly, gripping a pencil... Some kids have mild symptoms and others more severe.

Kids don't outgrow dyspraxia. But psychomotor therapy, physical therapy, speech therapy and other tools and strategies can work around areas of challenges and build strengths.



SYMPTOMS

- Children who have dyspraxia have challenges in their ability to do a wide range of everyday physical tasks, like to get dressed.
- Dyspraxia can affect social skills, some children are rejected by others because of their challenges, in motor activities for example.
- Children with dyspraxia may behave immaturely even though they typically have average or above-average intelligence.

MISCONCEPTIONS

Dyspraxia isn't :

- a sign of muscle weakness
- a lack of intelligence

Having dyspraxia does not prevent success in life ...



Cara Delevingne
(supermodel, actor)



Daniel Radcliffe
(actor)



Florence Welch
(songwriter, singer).